

Announces a Six Week Grief Support Group for the Caribou Area

Have you lost a loved one? When someone we love dies it can feel overwhelming. You may feel alone and that no one understands what you are going through. The truth is that many are walking a similar path. Consider coming to a place where you can talk, grieve, and move forward with people who are also grieving.

Cary Medical Center, Chan Center conference room, 163 Van Buren Rd., Caribou
Evening Group on Mondays from 6:00-7:30pm, January 20 – February 24

These groups are free of charge, but registration is required and participants are encouraged to attend all group sessions.

RSVP to George McLaughlin @ (207) 764.9413 or gmclaughlin@northernlight.org

