

**Announces a Six Week Grief Support Group for Presque Isle**

Have you lost a loved one? When someone we love dies it can feel overwhelming. You may feel alone and that no one understands what you are going through. The truth is that many are walking a similar path. Consider coming to a place where you can talk, grieve, and move forward with people who are also grieving.

Northern Light AR Gould Hospital, second floor conference room  
140 Academy Street, Presque Isle

Daytime Group on Tuesdays from 12:30-2:00PM, January 21-February 25  
Evening Group on Thursdays from 6:00 - 7:30 pm, January 23-February 27

These groups are free of charge, but registration is required and participants are encouraged to attend all group sessions

RSVP to George McLaughlin @ (207) 764.9413 or [gmclaughlin@northernlight.org](mailto:gmclaughlin@northernlight.org)

