



Announces a Six Week Grief Support Group for the Houlton Area

Have you lost a loved one? When someone we love dies it can feel overwhelming. You may feel alone and that no one understands what you are going through. The truth is that many are walking a similar path. Consider coming to a place where you can talk, grieve, and move forward with people who are also grieving.

Six Consecutive Wednesdays, March 25 – April 29

6:00 pm to 7:30 pm

Houlton Regional Hospital

Center for Community Health Education (3rd Floor)

20 Hartford Street, Houlton

This group is free of charge, but [registration is required.](#)

For more information or to register please call George McLaughlin at 207-764-9413 or email him at gmclaughlin@northernlight.org

