



WALK *for* HOSPICE

TRAIL GUIDE & MAP

Plan your walk on one of four well-marked trails with varying degrees of difficulty. The trails are accessible from a paved area near the lodge. For more information about the venue, please visit www.nordicheritageoc.org.

  Paved Loop Trail - Accessible Beginner

 Moose Trail - Beginner

 Tom's Trail - Intermediate

 Eric's Around the Mountain Trail - Intermediate

For more information, please visit www.aroostookhouseofcomfort.org/walk

